



Greatness In The Moment Series

This month's Topic: Back On Track

According to US News and World report, ____% of those setting new years' goals get derailed by mid-February!

Primary Causes of Breakdown

- Lack of _____
- Lack of _____
- _____
- Lag _____
- _____ factors
- _____

The Mindset of Failure

“You become what you think about.”

- Earl Nightingale

Unproductive Internal Talk Track

- What is your Unproductive Internal Talk Track?

The Right Mindset

Reframe: Productive Internal Talk Track

- What is your Productive Internal Talk Track?

3 Productive Questions:

- 1. _____
- 2. _____
- 3. _____

On Track Actions You Can Apply

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

3 Tips to Keep You Going

- 1. _____
- 2. _____
- 3. _____

Time For Action

Capture your key insights and action commitments you want to take from today's training:

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